

4-Thu-Cumberland-Clear Spring-2025 (2025-07-01)

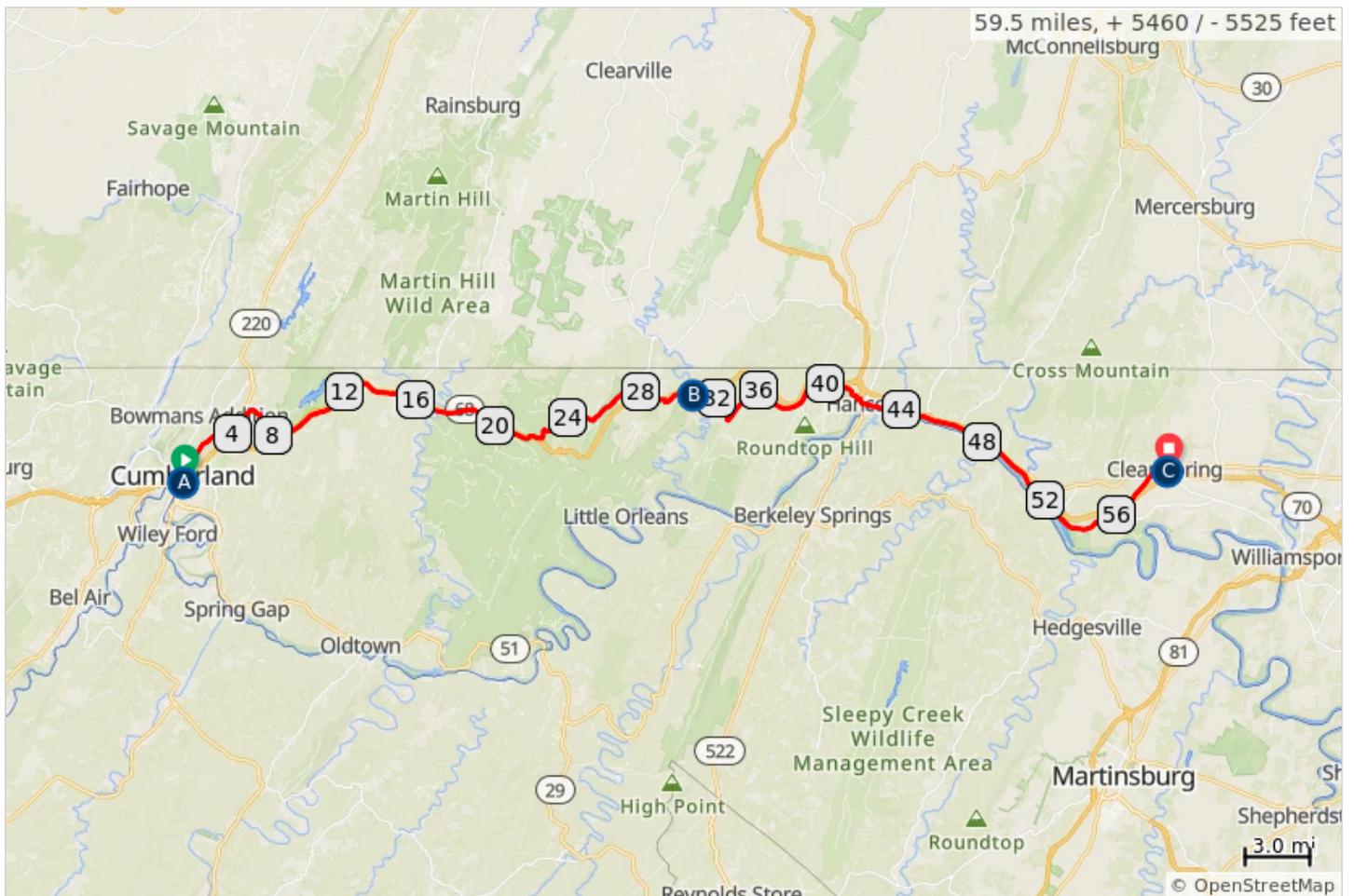


Start: Fairfield Inn & Suites Cumberland
21 Wineow St, Cumberland, MD 21502
301-722-0340

End: Holiday Inn Express & Suites
12426 Houck Ave, Clear Spring, MD 21722
301-842-0290

Acronym today.....ie....Mary, Please Go To Schoolas we climb Martin's, Polish, Green, Town Hill & Sideling mountains today!

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B.	Oak Barrel Cafe		



Cumberland to Clear Spring

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0.0		Start of route
0.0		R Chesapeake and Ohio Canal Trail
0.1		L Canal Place
0.1		Bear R
0.1		> C and O Canal
0.2		R
0.2		L Canal St
0.3		R Baltimore St/SS
0.3		L North Mechanic St
0.4		BR Frederick St
0.5		Bear R
0.5		Keep L; use bike lane
0.7		Keep following bike lane
2.6		> Bedford St
2.8		R Naves Cross Road NE
5.1		> Mason Rd NE

5.1 miles. +320/-209 feet

5.6		R Old Mount Pleasant Rd NE
7.0		R Old Mount Pleasant Rd NE
7.1		QL National Pike/SS
11.5		Martin's Mountain
18.1		Polish Mountain
22.2		L National Pike/SS
23.7		Green Mountain
26.2		Town Hill
29.1		R National Pike/SS/T
29.2		L National Pike/SS/T
30.7		Store on R
32.7		R National Pike/SS/T
33.9		Sideling Hill
38.1		L Sandy Mile Rd
39.2		R Creek Rd/SS
41.8		R Limestone Rd

36.7 miles. +4387/-4645 feet

41.9		BR tro Limestone Rd
42.0		BL West Main St - Hancock MD
42.1		Sheetz on L
42.3		R South Pennsylvania Ave/TL
42.3		L Western Maryland Rail Trail (WMRT)
53.0		R Big Pool Rd/SS
56.1		L Boyd Rd
58.9		R National Pike/SS
59.3		R onto S Mill St
59.5		L Houck Ave into hotel
59.5		End of route

17.7 miles. +739/-628 feet