

0.0	<i>i</i> A	Rocky Gap Resort, Flintstone, MD
0.0	<i>i</i>	Start: Rocky Gap State Park
0.1	→	R Lake Shore Dr/SS/T
0.1	↗	BR tro Lake Shore Dr
0.3	↑	S Pleasant Valley Rd
0.5	←	L National Pike/MD144/SS/T
2.0	▲	Summit Martin's Mountain
8.4	▲	Summit Polish Mountain
12.4	←	L National Pike/SS/T
14.0	▲	Summit Green Mtn
16.4	▲	Summit Town Hill
19.3	→	R National Pike/SS/T (Scenic 40)
19.4	←	QL National Pike/SS/T (Scenic 40)
20.9	Ψ	Oak Barrel Cafe to R
20.9	Ψ  B	Oak Barrel Cafe

20.9 miles. +2587/-3069 feet

22.9	→	R National Pike/SS/T (Scenic 40)
24.2	▲	Summit Sideling Hill
27.4	↑	S Western Pike
28.4	←	L Sandy Mile Rd
29.4	→	R Creek Rd/SS
29.7	←	L Green Lane Rd
30.5	<i>i</i>	Enter Pennsylvania
33.2	→	R Buck Valley Rd/SS/T
33.8	←	L Pigeon Cove Rd/PA484 East
34.0	↘	Sharp R Stillwell Rd/PA484
34.8	↘	Sharp R Thompson Rd/PA655/SS/T
36.6	↙	Sharp L State Route 2005/Timber Ridge Rd
38.0	→	R West Orchard Rd
39.9	↘	Sharp R Heavenly Acres Ridge Rd/SS/T
40.0	←	QL White Oak Ridge
40.0	<i>i</i>	Enter Maryland

19.1 miles. +1458/-1888 feet

40.4	←	L Bain Rd
41.2	←	L Maple Ridge Rd/SS
42.0	→	R Weller Rd/SS
43.0	←	L Slabtown Rd
43.0	←	QL Hollow Rd (keep deli on right)
44.5	<i>i</i>	Enter Pennsylvania
46.2	↘	Sharp R Mill Dr
47.7	<i>i</i>	Enter Maryland > Indian Springs Rd
50.1	←	L Catholic Church Rd
52.5	←	L Hanging Rock Rd/SS/T
55.5	↗	BR Blairs Valley Rd
57.6	→	R Broadfording Rd/SS/T
58.2	↖	BL Mill St
58.7	←	L onto Houck Ave
58.8	←	L into Holiday Inn Express
58.8	<i>i</i> C	Holiday Inn Express, Clear Spring, MD

18.8 miles. +1207/-1429 feet